

Health Practitioners in QLD



GENERAL PRACTITIONER (GP) – local family doctor

- **Remember to find bulk-billing GP. Not all GPs do bulk-billing**
- Ask someone in your community about **GPs who speak your language.**
- If you don't speak English well, **call TIS (interpreter) 131450 to make appointments with your doctor through an interpreter. You can request for an interpreter during your appointments too.**

SPECIALISTS

- **If you need more tests or treatment, your GP may refer to a Specialist.**
- To see a specialist, you must have a **referral letter** from your GP and make an **appointment.**
- Ask your GP to refer you to a **public hospital clinic** to see a **Specialist for free by using your Medicare.** You will wait longer but it is free. Otherwise, you need to pay.



NURSES - EARLY CHILDHOOD REFUGEE and REFUGEE HEALTH

- Nurses are **highly trained health professionals** in Australia. Some are **specialist nurses** such as **midwives** (for mothers and babies), **early childhood**, **mental health** and **refugee health**.
- **Early Childhood Refugee Nurses** can:
 - **free help to parents** to care for their babies and young children
 - give advice about **immunisations**
 - arrange **home visits**
- **Refugee Health Nurses** provides:
 - **free health check-up for recently arrives refugees**
 - refer to local GP
 - refer to other health services that can help you and your family, such as the dental clinic, women's health centre or children's health services.

Health Service Providers in QLD



PUBLIC HOSPITAL

The Queensland Government provides public health care at **no charge** to refugees and asylum seekers, **including those who cannot access Medicare (ineligible)**.



Queensland Government
Queensland Health

QLD REFUGEE AND ASYLUM SEEKER HEALTH SERVICES

If you are a refugee or seeking asylum in Australia, you can get:

- a **free health assessment**
- education about health services in QLD
- information about GPs in your area

Interpreters are provided **free** of charge.



PUBLIC DENTAL SERVICES - Free dental treatment is available to:

- Anyone with a Health Care Card
- Asylum seekers without access to a Health Care Card or former asylum seekers who are unable to work due to health conditions with disability and no access to a Health Care Card - for the duration of visa application processing time.



COMMUNITY HEALTH CENTRE

- Can help with health and social support such as **drug and alcohol, parenting skills, and counselling**
- May be a **small fee** for some services.

WOMEN'S HEALTH SERVICE

- Give information and advice to women about women's health such as: **reproductive health, breast check, menstrual problems, domestic violence**

CHILDREN'S HEALTH SERVICE

- Specialise in the health and development of children **0- 5 years old**.
- Early Childhood Refugee Nurse Program offers initial assessment of the child.
- Link parents to local support groups, playgroups
- Refer to appropriate services within the community



SCHOOL-BASED YOUTH HEALTH SERVICES

- For young people in secondary schools
- Provides **confidential** health education, information and advice



MENTAL HEALTH SERVICE

- **QPASTT** (Queensland Program of Assistance to Survivors of Torture and Trauma) – help people seeking asylum and people from refugee background who have experienced traumatic experience before coming to Australia. QPASTT also offers support to young people.
- **QLD Transcultural Mental Health Centre** (TMHC) – help people from non-English speaking backgrounds who are having emotional or mental health problems. Their staff speak over 100 languages.
- Local **Mental Health Services** – for everyone



Questions:

1. Why is it better to see a bulk-billing GP?

2. How can someone make an appointment with a doctor if she/he cannot speak English well?

3. What are some examples of Specialist doctors?

4. What services will a Refugee Health Nurse provide?

5. Where can you go to get advice on women's health issues?

6. If someone has experienced traumatic experience in the past, where can she/he go to get help?
